



摩頓羽毛球會  
MALDEN  
badminton  
club



MBC invites you to join their practice. 摩頓羽毛球會邀請你一同練習

Practice Time: Every Friday from 7:00 p.m. To 10:00 p.m. 練習時間: 逢禮拜五晚  
7:00時至10:00時 (Except when communicated otherwise)

Location: Salemwood School Gym, 地點 529 Salem Street, Malden, MA 02148

Contacts: Larry Lo @ 781-492-5772 or Robert Kwong 617-960-4891 E-mail to  
maldenbadminton@gmail.com

查詢詳情: 請電 781-492-5772 找 Larry Lo 或電 617-960-4891找Robert Kwong  
Session starts from Jan 9, 2026 to Mar 27, 2026 (12 practices). 由2026年 1月9日至  
2026年 3月 27 日 - (12 次)

Fee (收費)- Badminton (羽毛球): Season members/會員: \$180 (Single, 單人), \$100 for  
(Children 兒童) (Age 5 to 15, 五至十五歲小童), and (Senior, 耆英) (Age 65 or over);  
Non-season/Walk-in members: \$20 per admission for adult 成人每次收費20元; \$10 for  
(Children 兒童) (Age 5 to 15, 五至十五歲小童), and (Senior, 耆英) (Age 65 or over) \*\$2  
discount for Zelle payment (adult only) @\$18.

Fee (收費)- Table Tennis (乒乓球) only : Non-season/Walk-in members: \$3 per  
admission for adult/children (成人/兒童); \$20 for the season.

Payment method: Cash or Zelle ([maldenbadminton@gmail.com](mailto:maldenbadminton@gmail.com))

**Shuttlecock policy (double games only):** 1. Each of the four players will each bring  
one (medium grade) shuttlecock to each of the game/match (depends on the  
game/match, one or more shuttlecocks could be consumed). 2. At the end of the  
game/match, one of the players will collect all 4 shuttlecocks (used and new) and  
randomly put them in order (1, 2, 3 and 4) without letting other players know the order  
3. The other 3 players will select a number 1, 2, 3 or 4 (representing each of the  
shuttlecocks) 1. The player who collected and held the 4 shuttlecocks (i.e. step 2  
above) will take the last shuttlecock

羽毛球規則 (雙打) : 一: 四名球員各人拿出一個新的(中高級)羽毛球來比賽。二: 在比  
賽結束後, 其中一個球員把原來的四個羽毛球(打過或全新) 收集起來, 然後把它們放 在  
背後隨意地順序起來 (1, 2, 3和4) - (不要讓其他球員看到羽毛球) 。 三: 其他3名球  
員會選擇數字1, 2, 3, 或4 (代表羽毛球的次序) 。 四: 剩餘的一個羽毛球就屬於原來  
拿着四個羽毛球的球員。

Free Parking under the gym – No drink or food is allowed in the gym – per school  
policy. 運動場下免費停車 -體育中心內不允許任何飲料或食物

**\*All badminton players play one double game to 21 points and rotates out of the court - so other players could  
rotate in and play**